



JUST NEWSLETTER

JANA UNNAYAN SAMITI TRIPURA (JUST) is a
Social Development Wing of AGARTALA DIOCES

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Dear friends,

After a long gap we are slowly getting back to our normal routine. For the last 20 months or so, we were caught up fighting with our invisible enemy. Though invisible yet the most dangerous. So called developments were put to test. Scientific developments were not trusted for sometime. Finally, surrendered to the same corona in the name of vaccination.

Our trust and confidence too were put to test. But I should say that we were disturbed but not shattered. We are back to our office; children are back to their schools with lot of pending responsibilities.

Corona taught us to help oneself and others. JUST, with all its social responsibilities, extended our hands to different walks of life. We tried our best to reach out to our communities of farmers, children and village. We all worked together to take care of our future with the learning from the past.

Let us continue to believe that our future would be brighter.

Fr. Lathees S.
Executive Director
Jana Unnayan Samiti Tripura (JUST)



Workshop on Social Issues for Women

Jana Unnayan Samiti Tripura (JUST) organized Empowerment Programme for women on 21st, 22nd and 29th August 2021 at Kamaranga, Kathalcherra and Pitra

Parishes respectively. In the month of September on 5th, 11th, 19th & 26th at Bodhjunnagar, Depacherra, Tuikarmaw & Moharpara. A total of 230 women took part in the

programme from all these three Parishes. The resource persons for the programmes were Srs. Sushila SSPS, Mary Halam CSC, Jolly FS and Mrs. Babita Jamatia. The Parish Priests of the respected parishes initiated the day's programme with Holy Mass. The Parish Priests in their message encouraged the participants to be fully active in the Programme. There were a few children and men also present for the programmes.

During the sessions the resource persons made the women aware of faith formation in family, dealing with women's issues and problems, importance on girl child education, how to avail government schemes and facilities, domestic violence and issue on women trafficking. There was also brain storming session on faith aspects and Bible in order to make the participants think and come out with answers.

-By Sr. Jolly Kottarathil



Training on peace negotiation skills for CSOs

On 27th July 2021, Jana Unnayan Samiti Tripura (JUST) organized a meeting with different reputed

NGOs from Tripura at JUST hall, Durjoynagar, Agartala. The agenda of the meeting was to promote inner peace and continue to build up peace in different communities. There were 23 participants from 9 different NGOs who actively involved in discussion for promoting peace. The participated NGOs are National Integrated Forum of Artists and Activists (NIFFA), Sadbhavna, Wings of Hope Foundation, ASHA Holy Cross, Maharaja Bir Bikram Club Khumulwng, TRIBAC, Oisho Bani

Society, Subrai Vidya Mandir and Tripura Times. The resource persons were Tripura Times Journalist Mr. Jaydip Chakrabarti and Mr. Pratap Datta from TRIBAC. Fr. Jeevan Kennedy SVD, the Director of Oisho Bani Society moderated the meeting. Soon after the meeting, Most Rev Bishop Lumen Monteiro Bishop of Agartala distributed 3 Oxygen Concentrators to 3 NGOs during the program. The meeting ended with a discussion on Blood Donation Campaign, Dry Rations distribution, Negotiation skills and carry forward. Fr. Lathees S, the Director of JUST, proposed a vote of thanks to all the participants.

- By Mr. Cyril R Darlong

Blood Donation Campaign for Peace Promotion



On 10th August 2021, Jana Unnayan Samiti Tripura (JUST) organized a training programme on Blood Donation Campaign for peace promotion in Tripura at JUST hall, Agartala. Total 28 participants from different NGOs participated in the training. Dr. Biswajit Debbarma and Dr. Sanjana Goswami were the resource persons for the training. The resource persons shared about the importance of blood donation, health benefits after blood donation, when we can donate blood after getting vaccinated, crisis of blood in the blood bank, create network with the youth and how to organize blood donation campaign. After the training the NGOs took a decision to conduct awareness program in collaboration with other NGOs and Tripura State Blood Transfusion Council (TSBTC).

-By Mr. Cyril R Darlong

Celebration of World Environment Day



The District Coordinators of JUST along with the School Peace Club animators organized World Environment Day by planting different types of saplings and drawing competition with the theme "Ecosystem restoration" in the target areas. The School Peace Club animators also shared about the important of trees and

how to patronize plantation of trees and its benefit. They also shared how to build peace with environment. During the programs the school peace club animators shared about COVID-19 and the members were given awareness on some of the safety measures of preventing 2nd wave COVID-19 such as maintaining physical distance and wearing face mask while going outside for any purpose. They were also advised to stay clean by washing hands and feet frequently every day.

-By Mr. Cyril R Darlong

Training on Capacity Building for Youth Volunteers



Capacity Building for Youth Volunteers was held at JUST Hall, Agartala on 16th September 2021. The resource person was Fr. Joyti and 25 youth attended the training. The resource person shared his life experience on how he played a role on National food security Act, by creating a movement in West Bengal. He also spoke about the weaker section of the Tribal people especially the women and children, the empowerment of the women and their

faith formation on religious belief and Social Justice. He also motivated the youth and told them to reflect about the Challenges faced in Tripura, environmental issues causing global warming due to deforestation, lack of social action on the environmental issues and destruction of Biodiversity. He also shared about Human Rights and the Tribal land issues during the training.

-By Mr. Cyril R Darlong

Inter Youth Club Gathering for Peace

On 21st September 2021 Jana Unnayan Samiti Tripura (JUST) observed International Peace Day by organizing blood donation camp for Youth Peace Volunteers at JUST hall, Agartala. There were 28 youth volunteers who attended the program



and 22 volunteers could donate their blood. Fr. Bosco Lathees the Director, JUST motivated the volunteers by giving message on peace and the importance of donating blood. Dr. Rajib Das Gupta the resource person for the blood donation camp shared about the crisis of blood in the blood bank of Tripura, since the pandemic started due to COVID-19 there has been very less blood donation camp held in the entire state of Tripura. The resource person encouraged the youth by sharing the benefit and health improvement after donating blood. He thanked JUST for organizing blood donation camp on the International Peace Day.

-By Mr. Cyril R Darlong



Distribution of Health Care Materials to Students

In the month of August, 2021 Health care materials such as toothbrush, toothpaste, bathing soap and mask were distributed to the children of all the 10 JUST Coaching centers under Ganganagar R.D. Block in Dhalai District as a part of health care to students and to promote health & hygiene among the community children. The Coordinator explained about the importance of cleanliness and hygiene with regards to drinking water system. He stated that cleanliness should be maintained at every place related to our daily life which is very

much essential for good health and to avoid being infected by viruses and bacteria which causes many dreaded diseases. Certain habits like washing of hands before meals, bathing, brushing of teeth and cutting nails should be practiced from early age in order to avoid germs which causes abdominal pain. The students as well as the guardians are very excited to receive such type of materials and assured to make full use of them and to follow the instruction given for the betterment of the community.

-By Mr. Lilmohan Reang

Promotion of Arts and Games in the Coaching Center

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-By Mr. Lilmohan Reang



Seed exchange and multiplication program



Jana Unnayan Samiti Tripura (JUST) Conducted Seed exchange program at Subalgarh Para on 27th August 2021. Farmers from Belcherra under Khowai District came with their organic seeds to Subalgarh Para for the exchange program. Indigenous seeds like cucumber, Pumpkin, Bitter Gourd, Laipata, Paddy, Maize, Bottle gourd, etc were brought by the farmers from both Districts farmers for the exchange. The Coordinator

encouraged them to be a model for every one in the villages and work for their own development. The Coordinator shared the concept of the project and motivated them to do collective farming to strengthen their groups. The coordinator told the farmers to learn from each other and be the lead farmers in their villages. Farmers interacted with each others and shared their different views and their ways of farming and success stories.

-By Mr. Robert Lushai

Promotion of nutritious backyard garden at family

Jana Unnayan Samiti Tripura (JUST) conducted program on promotion of nutritious backyard garden at family level in the month of September 2021 on different dates at different target villages under Hezamara and Padmabil R.D Blocks. The FARM NE team of JUST initiated family and group level interaction and motivation process to improve backyard gardens by promoting eco-friendly techniques under Laudato Si and trellises for self-consumption of organic vegetables and surplus production for markets. The main aim was to reduce the burden on the family to buy from market and avoid consuming chemically produced food. The gardens will provide organic food to the families throughout the year. The JUST team also shared the importance of making maximum utilization of their cultivable land to increase their production. They motivated the farmers to pass on their traditional knowledge of farming to continue and improve healthy atmosphere and healthy life in the long run. They also motivated the farmers for promotion of Trellis for enhancing crop production.

-By Mr. Robert Lushai

Village level sensitization and interactions for community collective action

JUST Conducted a program on village level sensitization and interactions for community collective action for the farmers at all the 14 target villages in the month of September 2021. The facilitator shared on different



good traditional practices of agriculture that can be practiced by the farmers collectively. Many farmers shared about what they could remember and that could be practiced by the farmer's Clubs collectively. The facilitator

motivated the farmers to do more commercial collective farming through which they will have better income and it will also ensure the sustainability of the group in the long run.

-By Mr. Robert Lushai

Consultation and activity planning meeting with community

Village wise consultation and planning meeting were held in the month of September 2021 to design the activities as per the need of the community, keeping in mind the three objectives of the programme. The FARM NE Project team facilitated and motivated the community to participate and



contribute their ideas on how to go forward in doing their daily activities. The team explained about the activities that would be implemented through FARM NE programme. Community members were given chance to take part in planning the village activities. Village wise Action plan was made for the community on

what activities suitable for them. The Project team facilitated the community to reflect on their past and present situation of cultivation patterns, food intake and the future trend. They were also encouraged to initiate collective cultivation for the sustainability of the groups.

-By Mr. Robert Lushai



Training on Development of Leadership qualities

JUST organized training on Development of Leadership qualities for the SHGs on 20th August 2021 at JUST training hall, Agartala. 50 women from seven federation participated in the training. The resource person was Sr. Sushila SSpS. The objectives of the training were to develop the behavior of the group leaders and

enable to lead the goal, vision and mission of their federation. The resource person shared the definition of leadership qualities, willingness to listen, perseverance, honesty, selflessness, decisiveness and trust. The difference between leaders and manager was also been explained during the session. She conducted a brain storming

session for the SHGs on problem solving skills, so that they may be equipped with ability to identify the problems and analyze the issue. The SHG leaders thanked the resource person for motivating, encouraging and building trust between the groups through leadership.

-By Mr. Nelson Debbarma

Interface Programme between Federations and Government Department

JUST organized a Interface programs for the SHGs with Government department at JUST hall, Durjoynagar on 9th September 2021. The resource person for the program was Mr. Kabir Debbarma an

Agriculture Officer, Under Mandwai R.D Block. There were total of 45 participants for the program from 5 district of Tripura. He shared different types of government schemes which could be availed for

the SHGs & Farmers and explained the process of applying the schemes. He explained about different kind of schemes such as: PMAY (Pradhan Mantri Awas Yojana) PM-KUSUM, MIDH (Mission for Integrated



Development of Horticulture) SMAM (Sub Mission on Agriculture Mechanization), MOVCNDR (Mission Organic Value Chain Development for North East Region), RADP (Rainfed Area Development Programme) Etc. He explained the importance of Land Document, if the individual have their legal land document it is easier for availing the schemes. He also made aware

that public should demand their needs to local bodies such as Panchayat, RD Block, Sub-Zonal etc. To avail schemes from agriculture they should visit to the superintendent of agriculture and it does not require that whether an individual should be Below Poverty Line or Above Poverty Line. He encourage the farmers to do mix-cropping, as it would boost their economy. He ended

the session by giving the participants some business tips that are taking place in Tripura at present such as: Tripura is an agrarian state therefore the population depends on agricultural products. An individual can take up Basket weaving, Fish farming, Dragon Fruit plantation, Mushroom farming, Rubber sale etc.

-By Mr. Nelson Debbarm

Workshop on Enterprise Development

JUST organized a series of workshops on "Enterprise Development" for the SHG federation members in five districts of Tripura, during the month of August, 2021. Through the workshop the federation members gained knowledge on what is Enterprise, and why is it necessary. The concept of Enterprise and the difference

between Enterprise and Entrepreneurship were also explained to the federation members. Through the workshop it was also explained about healthy business competition so that the women entrepreneur could convert their small ideas in to business. Entrepreneurial behavior was also taught on how to deal with the customers and expands their business relations. Through the workshop business skills and requirements like true professional were also discussed and explained. Through the workshop women entrepreneur

could understand about the tax system, turn over and new technologies that are required for growing their current business. The women had learned the importance of the customers, as they are the only buyers. Consequently at the end of the workshop the women entrepreneurs were motivated to invest their time and effort in learning new technologies such as basic mobile calculation and browsing internet, YouTube, face book, shopping sites, checking SMS & WhatsApp.

-By Mr. Nelson Debbarma